

WELCOME TO OUR
Newsletter



In this newsletter you will find:

Upcoming events, latest reviews, committee intros and more. Keep Reading!

Upcoming Events

For any questions, please contact the section convenors.



MONTHLY ACTIVITIES CALENDAR

For more information, please see email invitations or contact the [section convenors](#).

SECTION

Events	events@mcgkl.org
Enak!	enak@mcgkl.org
Book Groups	bookgroup@mcgkl.org
Explorers	explorers@mcgkl.org
Other	

www.mcgkl.org

SEPTEMBER

2025

SUN	MON	TUE	WED	THU	FRI	SAT
	01	02	03	04	05	06
07	08	09	10 Open House 2025	11 Enak! Extra Turkish Cafe Istanbul	12	13
14	15	16	17	18	19	20
21	22	23	24 IAMM Curator Tour 'More than a day as a tiger'	25	26 Book Group 1 The Golden Road	27
28	29	30 Explorers Behind the Scenes at The EQ Hotel			Book Group 2 The Last White Man	

Upcoming Events – MCG Open House 2025

Wednesday 10th September

Royal Selangor Golf Club



Invite your friends to find out more about MCG. If your guest signs up as a new member, you will be entered into a prize draw for the chance to win.



Please [RSVP](#)

Get to know the Committee – Santhi from Enak!



My Favourite Malaysian Eating Place (and Why I Keep Going Back!)

When it comes to Malaysian food, I've got a go-to spot that never fails me: the hawker stalls known as the Malaysian Food Village (MFV) in Shoppes at Four Seasons. Sounds fancy, I know—but trust me, it's a hidden gem for local eats.

I usually park at KLCC because it's just easier for me to get in and out via AKLEH. From there, I take a shortcut through the building, cross the road, and I'm at the Four Seasons. Take the escalator down to the basement, and you'll find the Malaysian Food Village (MFV), an excellent collection of stalls serving up a mouth-watering range of Chinese hawker favourites.

My top picks? The Char Kuey Teow (can't beat it!) and the fried oyster omelette—crispy, savoury, and utterly satisfying. My husband's a big fan of the Bak Kut Teh, a rich, herbal pork bone soup and our son's the curry laksa, all creamy and spicy and full of flavour.

The prices here are a little steeper than your average hawker centre, but it's worth it for the cleaner, safer environment—and the food is consistently good. Most of the dishes lean towards local Chinese-style flavours, and if you're just in the mood for a snack, there are delicious bites like pau (steamed buns) and lo mai kai (sticky rice with chicken). Their local coffee and ais kacang are the best I've had. They're open every day from 8am, so it's a great spot whether you're craving breakfast, lunch, or something in between.

Now, let's talk about my all-time favourite local dish: Char Kuey Teow. It's one of those things you can find at both Chinese and Malay stalls, and each version brings something special. The Malay style is saucier, with a spicier chilli taste, while the Chinese version is stir-fried in a searing hot wok and tends to be drier but packed with smoky flavour. Char Kuey Teow uses flat rice noodles, tossed with soy sauce, garlic, and other seasonings, then loaded up with crunchy bean sprouts, juicy prawns, slices of chicken or fish cake, cockles, and always with eggs. Every bite is a burst of flavour, and no two plates are ever quite the same.

So yes, if you ever find yourself near KLCC and craving local food in a comfy setting, make a beeline for the Malaysian Food Village. And get the Char Kuey Teow—you can thank me later.

Get to know the Committee



This is Nisha Dobberstein. I first moved to Malaysia in 1997 from Bombay when my husband's firm opened an office here and we were asked if we wanted to relocate. Not long after, I joined the Malaysian Culture Group (MCG) in 1999 and was actively involved until 2011, contributing to the events planning team and serving as secretary for eight years. After a six-year stint back in India – Bombay of course – we returned to Malaysia in 2017, and I've been the Bookgroup convenor for the past five years.

What I've always loved most about MCG is the vibrant mix of people and the shared curiosity about Malaysian culture –it's what drew me in from the start.



I'm also a passionate foodie and enjoy the incredible variety Malaysia offers—dim sum, Hor Fun noodles, Rendang, and Assam laksa are favourites, and I often take newcomers to House & Co at BSC for a first taste of local flavours. Among cultural destinations, Penang holds a special place for its layered history and ever-evolving discoveries, something new on each trip—not to mention its food. I also still rave about the Nonya cuisine at Bulldog in Melaka, a delightful surprise!

Outside of food and culture, I've recently taken up golf and, despite the heat, have found it incredibly enjoyable. Travel is a big part of my life, and while it's hard to choose just one favourite destination, I'm especially excited about (hopefully) ticking South America off my list next year.

On a long-haul flight, I'd love to be seated next to someone fascinating—maybe Bruce Springsteen for the music, Shashi Tharoor for the language and intellect, or one of my favourite crime authors like J.D. Robb or Henning Mankell. The list, like my interests, is ever-growing.

Malaysia is now home for us for which I'm ever so grateful!

Get involved with your MCG

Welcome

We're delighted to welcome Azlina Azmi as Explorers Convenor. Many of you will already know Azlina as she has been a member of MCG since 2019.

She's so dedicated to MCG that even though she's been living in Tokyo full time for the last 3 years, she's been responsible for all the fun Instagram posts you see on our account. Many thanks to her for her work while overseas and we're all looking forward to seeing her at MCG activities more often now she's living between KL and Tokyo. Say hello and welcome when you see her next.



Your chance to be involved

Like Azlina, many Members of MCG take a turn at a Committee Post or help out as a volunteer. If you can share a little of your time and skills, please get in touch with any of the Committee.

Events Team

This could be on-the-day help with set up or registration, helping to take photos and write reviews, or it could be scouting locations and sharing ideas you think our members will enjoy. Without the Events Team, there is no MCG!

Member at large

For those keen to help in a general way. These important roles might help with any aspect of the group's running. There are two Member-at-Large positions – Mei Leng has recently stepped down and the other is currently held by Dana – please reach out to either if you would like to know more.

Latest Reviews

ON THE [WEBSITE](#)

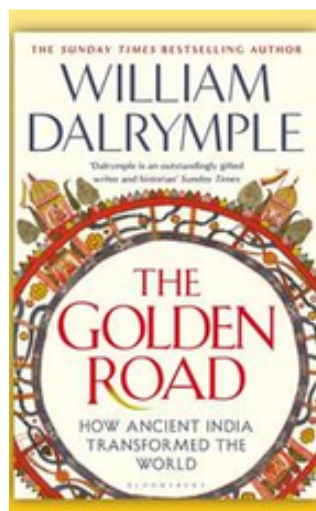
Enak! – [Malai Thai](#)

Explorers – [Kampung Baru Heritage Walk](#)



Book Groups September

READING NOW



Flavour *of the month*

Thanks to our member Elena Shim for this idea from the Pot Luck lunch.

Fittingly, this month we have a Malaysian dish: [Spicy Sambal Prawns](#). This recipe comes courtesy of Melinda, our Secretary, and the cookbook of the Overseas Family School in Singapore.

Do let us know if you make it – post your photos to MCG Facebook or Instagram and tag us, or email them to Communications and we'll post. We've seen all your Enak! photos so we know there are some fabulous food photographers out there!

Send YOUR favourite recipe to [Communications](#) to be featured.